



WHAT TO DO IF YOU TEST POSITIVE

COVID-19 At Home Test Kits

According to the CDC, "a positive self-test means that the test detected the virus, and you are very likely to have an infection."

- ✓ Self-isolate for 5 days then wear a mask around others for 5 days post self-isolation if you have no symptoms or symptoms are gone.
*This guidance does not apply to daycares or K-12 settings.
- ✓ If you have a fever, continue to stay home until you fever is gone.
- ✗ Do not attend social gatherings.
- ✓ Inform your healthcare provider.
- ✗ Most people with COVID-19 do not need to go to the hospital and will have a smooth recovery at home.
- ✓ Seek medical attention if you are experiencing significant difficulty breathing, confusion or disorientation, or a bluish discoloration in the lips or hands.
- ✗ No need to follow up with a PCR COVID-19 test.
- ✓ Inform place of employment and school (if applicable).
Online Reporting: <https://tinyurl.com/athomeCOVIDreporting>.
- ✓ Notify all people you have been in contact with 48 hours prior to testing positive or having symptoms.
- ✓ Wash your hands, cover your mouth and nose when sneezing and coughing.

