


May 2021 Programs (Virtual Unless Otherwise Noted)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please note: All of the programs offered this month are being presented through Zoom or phone participation unless otherwise noted. Programs are offered to members only unless otherwise stated.</p>						1
2	3	4	5	6	7	8
	Reopening Day! 12:30-1:30pm Aerobics 9:30am	Fit & Flex 10am-canceled Chair Yoga 11:30am AAA Driving Class 12pm-4pm		Yoga 8:45am Cooking with Nick 10:30am Summer Craft 2pm (limited to ONLY 19 in person)		
9	10	11	12	13	14	15
	Aerobics 9:30am	Fit & Flex 10am Chair Yoga 11:30am AAA Driving Class 10am-2pm	Great Courses 10am (limited to 10 ONLY in person, program is also being presented via Zoom) Ask the Financial Advisor 10am	Yoga 8:45am Cooking with Nick 10:30am Trip to Mystic	Let's Get Baking with Kim 10am-11:00am	
16	17	18	19	20	21	22
	Aerobics 9:30am Tap with MaryAnn 12pm (limited to ONLY 15 in person)	Fit & Flex 10am Chair Yoga 11:30am AAA Driving Class 2pm-4pm	Art With Wendy 10am-12pm Senior Services Commission Meeting 3pm	Yoga 8:45am Memorial Day Picnic 11:30am-1pm (limit of 30)	State Wide Senior Center Program Celebrate Older American's Month" 1:30pm-2:30pm	
23	24	25	26	27	28	29
	Aerobics 9:30am	Fit & Flex 10am AAA Driving Class 10am-2pm Chair Yoga 11:30am		Yoga 8:45am Cooking with Nick 10:30am		
30	31	Hello Shirley S. 				
	Closed Memorial Day					