



April 2021 Programs (Virtual Unless Otherwise Noted)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please note: All of our programs offered this month are being presented through Zoom or phone participation unless otherwise noted</p>				<p>1 Yoga 8:45am AAA Driving Class 10am-2pm Cooking with Nick 10:30am</p> 	<p>2 <i>Closed</i></p>	<p>3</p>
<p>4 </p>	<p>5 Aerobics 9:30am The Doctor is In 7pm</p>	<p>6 Fit & Flex 10am Chair Yoga 11:30am AAA Driving Class 2pm-4pm Art Gottlieb 2pm-3pm "City of Waterbury"</p>	<p>7 Ask the Financial Advisor 10am</p>	<p>8 Yoga 8:45am Cooking with Nick 10:30am</p>	<p>9 Call at 4:30pm to make your reservation: Mystic Seaport Museum</p> 	<p>10</p>
<p>11</p>	<p>12 Aerobics 9:30am</p>	<p>13 Fit & Flex 10am Chair Yoga 11:30am AAA Driving Class 10am-2pm</p>	<p>14 Great Courses 10am</p>	<p>15 Yoga 8:45am Cooking with Nick 10:30am</p>	<p>16</p>	<p>17 AAA Driving Class 10am-2pm</p>
<p>18</p>	<p>19 Aerobics 9:30am</p>	<p>20 Fit & Flex 10am Chair Yoga 11:30am AAA Driving Class 2pm-4pm</p>	<p>21 Art With Wendy 10am-12pm Senior Services Commission Meeting 3pm</p>	<p>22 Yoga 8:45am Cooking with Nick 10:30am Art Gottlieb 2pm-3pm "Ansel Adams"</p>	<p>23</p>	<p>24</p>
<p>25</p>	<p>26 Aerobics 9:30am</p>	<p>27 Fit & Flex 10am Chair Yoga 11:30am</p>	<p>28</p>	<p>29 Yoga 8:45am Cooking with Nick 10:30am</p>	<p>30 State Wide Senior Center Program "Water, Water Everywhere" 1pm-2:30pm</p>	